

TOXIC POTENTIAL OF PYRETHROID INSECTICIDE EXPOSURE IN UTERO ON CARDIOVASCULAR DEVELOPMENT IN MICE EMBRYOS

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ABSTRACT: Cardio-genic disruptions of *in utero* exposure of a non-fluoridated Cypermethrin (CP) and a fluoridated λ -Cyhalothrin (LC) type 2 pyrethroid insecticide were explored in albino mice. Pregnant dams were divided into three groups (n=10); 1) Vehicle Control Group (VCG) (intra-gastric treatment of 0.1mL corn oil); 2) Cypermethrin Group (CPG) and; 3) λ -Cyhalothrin Group (LPG) (intra-gastric treatment of 5mg/kg Cypermethrin (CP) and λ -Cyhalothrin respectively in corn oil). These treatments were applied on 7–10th days of pregnancy. Embryos were removed from the gravid uteri of the euthanized dams on 18th day of pregnancy and fixed in formyl ethanol for 24hrs to finally remove their hearts for histological and histometric analyses. Both insecticides were found to cause micro-anatomical derangements like decreased ventricular wall thickness, rudimentary appearance or complete absence of inter-ventricular (AV) septa, abnormalities of the cardiac valves, and decreased thickness of the muscular layer of the aortic trunk. However, these disruptions were much more pronounced in LCG. Morphometric results revealed a significant decrease (P>0.05) in the thickness of left ventricular wall in CPG (295.90±12.3 μ) and LCG (104.27±5.6 μ) as compared to VCG (346.68±9.5 μ). The mean thickness of interventricular septum was significantly decreased in CPG (440.03±20.4 μ) and LCG (214.3±10.2 μ) groups than the VCG (2641.75±186.2 μ). The thickness of the aortic intima also showed a significant (P>0.05) decrease in CPG (12.70±0.25 μ) and LCG (11.03±0.3 μ) than the VCG (18.44±0.37 μ). Similarly, the thickness of aortic adventitia remained significantly (P>0.05) lower in CPG (26.96±1.1 μ) and LCG (23.97±1.5 μ) than the VCG (41.09±2.1 μ). The relative abundance of myocardiocytes and cardio-myoblasts (per 5000 μ^2) also showed significant decrease in both CPG (8.98 ±0.45, 2.50±0.24 respectively) and LCG (4.7 ±0.48, 6.26±0.79) to the VCG (18.19±0.56, 1.02±0.13). The results show that type-2 pyrethroid insecticides inflict a highly toxic impact on the developing heart in mammals and the fluoridated LC is more toxic than the CP in this context.

Keywords: Cypermethrin, Lambda-Cyhalothrin, Fetal heart development

INTRODUCTION

Background:

Pyrethroids have long been considered the safest among the insecticides for mammals. However, recent research reports indicate that pyrethroids may cause serious toxicological implications even in mammals.^{1,2} Unfortunately, there are indications for the pyrethroid to cross the placental barrier, and leads to various teratogenic outcomes in developing embryos.^{3,4} For example, CP has been reported

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to increase the level of ROS which results in cellular oxidative stress that may lead to several changes in fetal metabolism.⁵ It has been reported that the Japanese rice fish (*Oryzias latipes*) embryos exposed to CP have resulted in visceral and pericardial oedema.⁶ In a similar study, the chick embryos exposure to a combination of chlorpyrifos (CL) and CP resulted in defective looping, ventricular non-compaction, and loss of cardiac viability. In domestic chicken, the co-exposure of CL and CP during early development also induced cell death by activating apoptosis.⁷ In the same context, LC (type 2 fluoridated pyrethroid) has been found to cause developmental defects like increased pericardial oedema and mortality in zebrafish embryos.^{8,9,10} Similarly impaired growth and development were observed in rat pups upon exposure of dams to 8µg/g of LC for 30 days before conception.¹¹ Earlier on this group has also reported the abnormalities in developing chicks exposed to Bifenthrin (a fluoridated type1 pyrethroid) *in ovo*.¹² The forth going reports suggest that halogenations (especially fluoridations) in pyrethroids (like in Bifenthrin and LC) may increase their persistence as compared to the non-fluoridated pyrethroids (like CP) and thus contributes towards their toxic capacity for the target and non-target organisms especially in the developmental stages.^{13,14,15} In light of the above literature it was decided to compare the extent of *in utero* cardiogenic toxicity of a fluoridated type 2 pyrethroid (LC) insecticide with that of a chlorinated type2 pyrethroid (CP) insecticide in mice.

MATERIALS AND METHODS

2.1. Animal: Swiss Webster (*Mus musculus*) estrus dams weighing 30±2g were caged with breeding males. Coitus was determined using an infrared CCTV camera installed in the animal house. Thirty post-coital dams (selected for this study) were randomly distributed into three groups (n=10).

2.2. Dose regime for the experimental groups: Pregnant dams in VCG and the two insecticide groups (CPG and LCG) were provided intra-gastric experimental doses using oral gavages on 7-10days as per detailed below.

2.2.1. Vehicle Control group (VCG): Dams in this group were given 0.1mL corn oil (OD).

2.2.2. Cypermethrin group (CPG): Dams in this group were given 5m/kg CP using corn oil (0.1mL) as a vehicle.

2.2.3. λ-Cyhalothrin group (LCG): Dams in this group were given 5m/kg LC using corn oil (0.1mL) as a vehicle.

2.3. Preparation of stock solution: Desired dose (5m/kg) of technical grade (98%) CP and LC was prepared in corn oil. The single-dose volume for each animal remained 0.1mL with the concentration of CP and LC being adjusted by appropriate dilutions of the standard solutions in accordance with the body weight.

2.4. Recovery of embryos: The gravid uteri were removed intact on day18 from each dam on euthanasia through cervical dislocation. Two well-developed embryos from each dam were placed in alcoholic formalin for 24 hours before further processing.

2.5. Histological processing: Entire hearts along with stumps of major blood vessels were removed through micro-dissection of each selected embryo under a

glass magnifier. The organs were gradually dehydrated in 30, 50, 70, 90%, and absolute alcoholic grades for wax embedding. Thin serial sections (3–4 μ) of each embryonic heart were obtained on a rotary microtome and affixed to the histological glass slides for H&E staining. The stained serial sections were observed under a trinocular compound microscope (Labomed CXR₂). Snapshots of selected sections were captured at 40 \times and 100 \times optic magnifications with a Sony 7.2MP (DSC-W35) Digital Camera.

2.6. Micrometric investigation: Muscular wall thickness of left ventricle and aorta, the thickness of interventricular septum, and relative abundance of myocardiocytes were estimated from the projected embryonic cardiac sections with the help of a pre-calibrated digital scale in CoreIDRAW11 software.

2.7. Statistical analysis: The micrometric data were statistically analysed with ANOVA and Tukey's Multiple Range Test (TMRT) using IBM SPSS statistics 23.

RESULTS

3. Micro Anatomy and Histopathology of Developing Cardiac Muscles:

3.1. Anatomy of the Fetal Heart: In VCG, heart sections depict normal development of auricular and ventricular chambers that were completely separated through well-developed intra-auricle and intra-ventricular septa. Moreover, the muscular wall thickness of the auricles and ventricles was appreciable.

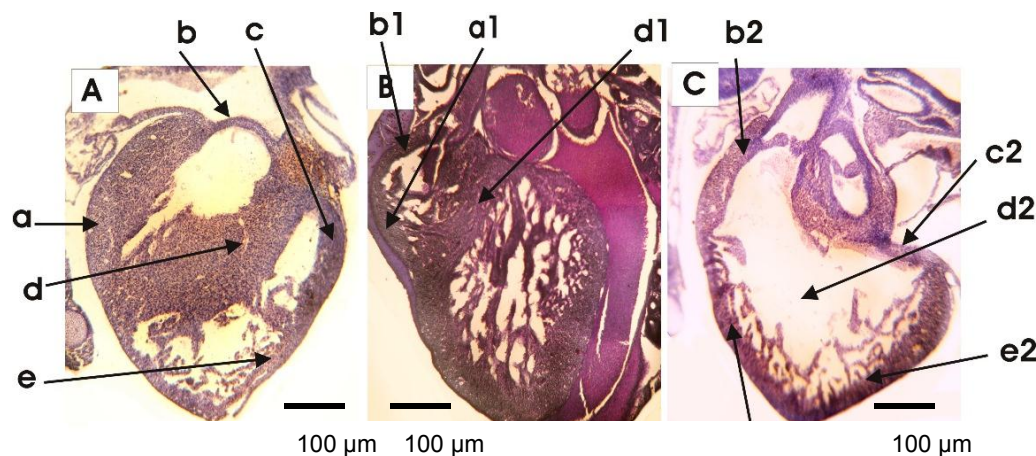


Fig. 1: Digitally calibrated scale 100 μ m added on the micrograph. H&E stained transverse sections (100 \times) of embryonic heart of mice (n=10) A: (VCG); B: (CPG); C: (LCG) a: right ventricle, b: right atrium, c: left atrium, d: interventricular septum, e: left ventricle a1: decreased right ventricular wall thickness b1: thin atrial musculature; d1: perforated inter-ventricular septum; a2 and e2: thin right and left ventricular musculature; b2 and c2: atrial wall defects; d2: missing intra-ventricular septum.

In CPG, an obvious decline in auricular and ventricular wall thickness as compared to VCG was observed. Moreover, the intra-ventricular septa were improperly developed- showing multiple perforations (Fig. 1). In LCG, partial to complete absence of inter-ventricular septum was observed (Fig. 1). Additionally, as compared to VCG, extreme thinning of the ventricular walls with an obvious dilatation of the cardiac chamber sizes was noted in embryonic heart sections in LCG (Fig. 1). Micrometric measurements also revealed a significant decrease in ventricular wall

thickness in CPG and LCG as compared to VCG. Micrometric data also revealed thinnest mean ventricular wall in LCG (Table 1).

Table 1: Alterations in micrometric parameters in developing heart of albino mice fetuses in utero exposed to CP and LC

Micrometric Parameters of fetal heart	Mean±SEM		
	VCG	CPG	LCG
Interventricular septum (IVS) thickness(μ)**	2641.8±186.2 ^a	440.03 ±20.4 ^b	214.3 ±10.2 ^b
Left ventricle wall thickness(μ)**	346.7±9.5 ^a	295.9± 12.3 ^b	104.3 ± 5.6 ^c
Relative abundance of myocardiocytes (5000 μ) ² **	18.2 ±0.56 ^a	8.98 ±0.45 ^b	4.77±0.48 ^c
Relative abundance of Cardiomyoblasts(5000 μ) ² **	1.02 ±.13 ^a	2.5 ±.24 ^{ab}	3.26 ±0.8 ^b
Aortic intima thickness(μ)**	18.5±0.37 ^a	12.7±.25 ^b	11.03 ±0.27 ^c
Aortic media thickness(μ)*	22.9 ±0.96 ^a	16±0.33 ^b	14.1±0.38 ^b
Aortic adventitia thickness (μ)**	41.1 ±2.1 ^a	26.96±1.1 ^b	23.97±1.5 ^b

*: ($p \leq 0.05$), **: ($p \leq 0.01$); Any two groups in a single row that do not share a common lower-case superscript differ significantly ($p \leq 0.05$) with each other

3.2. Microanatomy of the Aortic Trunk: Although the three basal layers of the aorta (i.e. intima, media, and externa or adventitia) were visible in all three groups however the individual thickness of all the three layers was compromised in CPG and LCG as compare to VCG. Furthermore, intercellular oedema in the medial layer was quite obvious in CPG and LCG (Fig 2: A, B, C).

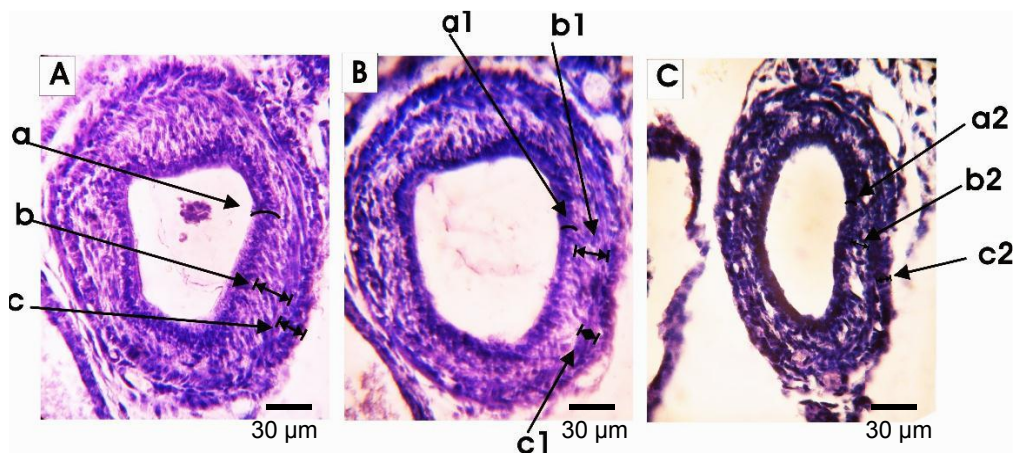


Fig. 2: Digitally calibrated scale 30 μ m added on the micrograph. H& E stained transverse sections (400 \times) of aortic trunk of fetuses of mice (n=10). A: (VCG); B: (CPG); C: (LCG); a: intima thickness; b: media thickness; c: externa thickness; a1 and a2: decreased intimal thickness; b1 and b2: medial layer showing intercellular oedema; c1 and c2: decreased thickness of adventitia.

arising from the left ventricle and the pulmonary valve present at the base of pulmonary trunk- arising from the right ventricle) have shown well-formed cusps and the basal wall thickness of the two major trunks were also appropriate in VCG (Fig 3: A and A1). On the other hand, the cusps of the semilunar valves of aortic and

pulmonary trunk were imperfectly developed and showed rudimentary features in CPG and LCG.

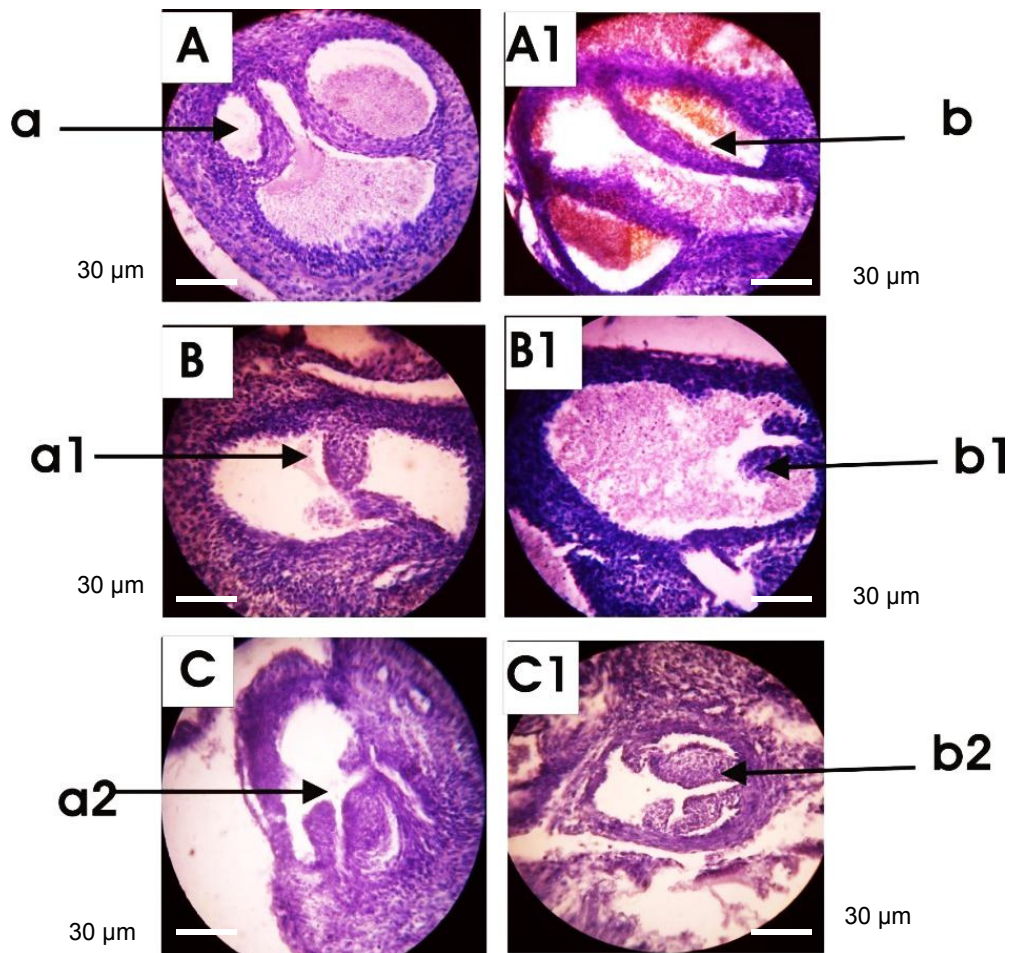


Fig. 3: Digitally calibrated scale 30 µm added on the micrograph. H& E stained sections (400×) of aortic valves (A, B, C) and pulmonary valve (A1, B1, C1) of fetuses of mice (n=10); A and A1: VCG; B and B1: CPG; C and C1: LCG; a and b: showing normal semilunar cusps; a1 and b1: improperly developed semilunar cusps; a2, b2: swollen and poorly developed semilunar cusps.

3.4. Embryonic Cardiac Musculature: The cardiomyoblasts and differentiating myocardiocytes in ventricular walls were clearly visible in VCG. Whereas necrotizing cardiomyoblasts and myocardiocytes along with macrophage infestation and simultaneous fibrosis of the ventricular wall were common features observed in CPG and LCG embryonic hearts. This situation indicates a general delayed differentiation and premature degeneration and necrosis of the differentiating embryonic cardiac musculature in the insecticide-treated groups (Fig 4: B, C). Although a few differentiating and some differentiated myocardiocytes were observed in CPG, the process of differentiation of cardiomyoblasts was severely compromised in LCG - where the developing ventricular walls showed premature myocardiocytes, necrosis of the cardiomyoblasts, and a simultaneous fibrosis and infestation of the macrophages indicating extreme pathological damage of the functional faculties of the ventricular musculature (Fig 4).

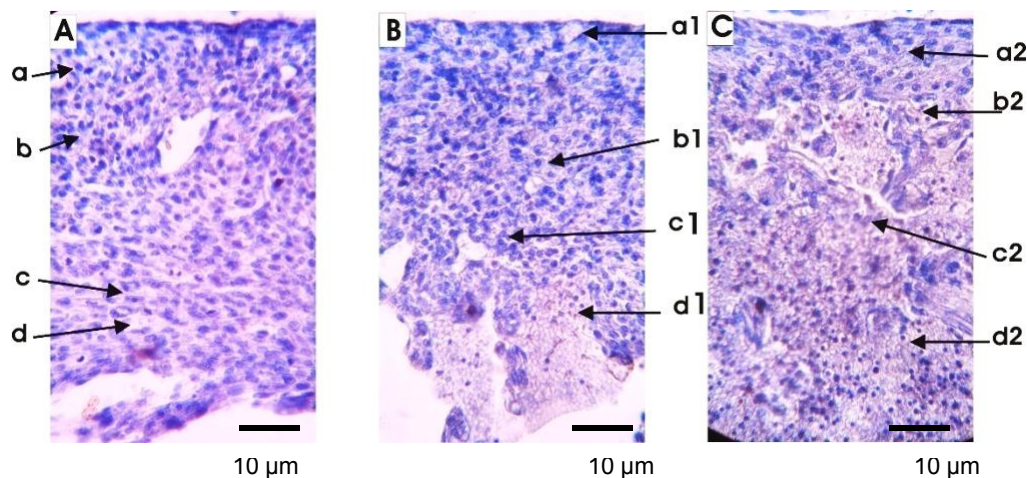


Fig 4: Digitally calibrated scale 10 µm added on the micrograph. H& E stained histological sections (1000×) of left ventricles of fetal hearts of mice (n=10). A: (VCG); B: (CPG) C: (LCG) a: epicardium, b: myocardium mainly consisting of proliferating cardiomyoblasts, c: myocardium containing loose endothelial tissue, d: endocardium containing loose endothelial tissue, a1: epicardium showing moderate oedema, b1: myocardium containing hypertrophied cardiomyoblasts, c1: myocardium containing aggregates of undifferentiated cardiomyocytes, d1: endocardium containing fibrotic endothelial tissue and necrotizing cardiomyocytes with infestation of macrophages, a2: epicardium showing intracellular and intercellular oedema, b2: myocardium showing severe necrosis of the cardiomyoblasts, c2: myocardium showing severe destruction of cardiomyocytes, d2: endocardium showing debris of the necrotizing cardiomyocytes with an extreme infestation of macrophages.

3.5. *Micrometric Results:* Mean thickness of inter-ventricular septum, left ventricular and aortic walls (intima, media and adventitia) were significantly decreased in CPG and LCG as compared to VCG. However, lowest mean values were recorded in LCG group. The relative abundance of cardiomyocytes was highest in VCG and lowest in LCG. However, an opposite trend was observed for the relative abundance of cardiomyoblasts where highest number was recorded in LCG and lowest in VCG (Table: 1).

DISCUSSION

Among the pyrethroids, the type2 pyrethroid insecticides are considered more toxic than the type1 due to the presence of an alpha-cyano moiety in their structure.^{10,16} They are more persistent and induce more severe effects on the exposed organisms than the type1 pyrethroid insecticides like tetramethrin, allethrin, d-phenothrin, resmethrin and permethrin.¹⁷⁻²¹ Type1 pyrethroids have been reported as potent toxicants for developing organisms.²² Literature indicates that the *in-ovo* exposure of bifenthrin— a type1 fluoridated pyrethroid —has caused severe abnormalities in chick embryos.^{12, 23} Likewise, type2 pyrethroid such as cypermethrin— a non-fluoridated pyrethroid insecticide —was also found to induce developmental abnormalities in chick embryos.^{24,25} The main focus of the present study was to compare extent of toxicological effects of two type2 pyrethroids i.e. CP (non-fluoridated) and LC (fluoridated) on embryonic heart development in mice.

Unfortunately, the available literature is almost silent upon the embryonic cardiogenic insults of type2 pyrethroids especially the fluoridated LC. Fluoride is a

non-dietary halogen. Its effects on the development of various organs are known to a little extent.²⁶ Unfortunately, even there exists no comparable study that may address the effects of fluoride on the process of embryonic cardio-genesis. Thus, the results obtained in the present study are not directly comparable with any previous study.

This research work indicates that *in utero* exposure to both CP and LC inflicts toxic effects on embryonic heart development. Whereas, LC appeared to be much more toxic than that of CP in terms of interference in the development of ventricular musculature. The anatomical defects include rudimentary to complete abstinence in the development of interventricular septum, malformations of the aortic and pulmonary valves and decreased wall thickness of the aortic and pulmonary trunks. Differentiation of cardiomyoblasts to myocardiocytes was also severely affected. These histopathological findings were further supported by micrometric results (Table 1).

These findings suggest that LC is highly toxic to myocardial differentiation and development indicating that fluoridation in basic type2 pyrethroid insecticides molecules may further add to their embryo-toxicological impacts. The proposed mode of action may be related to sodium channel openings on the myogenic impulse generating centers of the heart leading to excessive work potential on the developing heart muscles causing pre-mature cellular death of the myocardiocytes as has been seen in LC-treated group embryos (Fig 4). Another reason may be the oxidative stress resulting in premature cellular death and halting the transformation process of cardiomyoblasts to myocardiocytes.²⁷ Results indicated that type2 pyrethroid insecticides in general and especially the fluoridated pyrethroid insecticides are highly toxic to the development of heart in mammalian embryos.

CONCLUSIONS

The prevailing view that pyrethroids are non-accumulative and thus safer insecticides for human and pet mammals needs a thorough revision. In particular, there is a genuine need for investigation from the standpoint of teratogenic capacities of halogenated (especially the fluoridated) pyrethroids.

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